



adult programs



PARANORMAL ACTIVITY: Perry Farm House

Come see the Perry Farm House like never before! Have you ever been interested in the paranormal? What about ghost hunting? Here is your opportunity to get a firsthand look into the history of the old farm house and learn hidden stories that will have you engaged and entertained! Let Tom Pfrommer, who is a part of Kankakee Ghost Hunts, take you into a world that allows you to see who may still be living there after all this time.

Location: Perry Farm House
Min/Max: 6/8
Age: 18 years & older



ID #	DATE	DAY	TIME	Program Fee/ Resident Fee
241966-A	10/7	F	9:30p - 12:00a	\$24/\$20
241966-B	10/8	Sa	9:30p - 12:00a	\$24/\$20
241966-C	10/28	F	9:30p - 12:00a	\$24/\$20
241966-D	10/29	Sa	9:30p - 12:00a	\$24/\$20

Intro to Digital Photography

Have you ever taken a blurry picture of your child or grandchild at their soccer game? Or how about a picture right before they blow out their candles on their birthday cake? This introductory class is perfect for anyone that takes pictures to capture those important life memories! In this eight-week course, participants will familiarize themselves with their camera equipment, learn camera settings, and understand its functions. You will leave this class more confident than ever!!

Location: Recreation Station
Min/Max: 4/12
Age: 18 years & older

ID #	DATE	DAY	TIME	Program Fee/ Resident Fee
241945-A	10/4 - 11/22	Tu	6:00 - 7:00p	\$60/\$54

Coffee and Canvas Painting

For adults who want to tap into their creative side: Join us for a casual and fun painting experience! No experience or art background is necessary. You will be guided step by step to create your very own canvas painting. All supplies will be provided. Several different coffee and teas will be available to enjoy.

Location: Perry Farm House
Min/Max: 4/12
Age: 16 years & older

ID #	DATE	DAY	TIME	Program Fee/ Resident Fee
241246-A	10/22	Sa	9:00a - 12:00p	\$38/\$44
241246-B	12/3	Sa	9:00a - 12:00p	\$38/\$44





Holistic Healing

A comprehensive "Sampler platter" of ancient and modern energy healing. Together we work with mind, body, and spirit to facilitate personal growth and self-exploration. Class begins with an instruction to meditation and mindfulness, which is used as a centering and relaxation tool in every session thereafter. As a group, we will explore the healing benefits of vibrational energy, Reiki, crystals, space clearing, and much more! Come join us for "soul-full" conversation, useful tips, and an extremely relaxing fellowship.

Location: Recreation Station
Min/Max: 6/12
Age: 18 years & older

ID #	DATE	DAY	TIME	Program Fee/ Resident Fee
241961-A	9/6 - 10/11	Tu	6:30 - 8:00p	\$65/\$58

Holistic Meditation and Mindfulness

Healthy relaxation is sweeping the globe! In every corner of the world, people young and old are learning to slow their minds, and take heart and mind into consideration as they work toward optimum health and happiness. Come participate in a journey of gratitude, calm, and relaxation techniques that will benefit you and your loved ones for a lifetime.

Location: Recreation Station
Min/Max: 6/30
Age: 18 years & older

ID #	DATE	DAY	TIME	Program Fee/ Resident Fee
1st SESSION				
241964-A	10/25 - 11/1	Tu	6:30 - 8:00p	\$30/\$33
2nd SESSION				
241964-A	12/6 - 12/13	Tu	6:30 - 8:00p	\$30/\$33

Building Family Connections

Want to sharpen your connections with teens? The Building Family Connections helps caring adults connect with teens. In this 5 week course, you will learn effective parenting skills, how to communicate and connect with your teen, sexual health information, and how to promote abstinence. Come to this course and change the way you communicate with your teen for the better!

Location: Recreation Station
Min/Max: 5/15
Age: Parent & Child 12-16 years

ID #	DATE	DAY	TIME	Program Fee/ Resident Fee
241967-A	10/5 - 11/2	W	6:00 - 7:30pm	\$12/\$10

Holistic Reiki

Reiki is a Holistic healing method that works in the body's energy field. Reiki is used to reduce stress and aid in healing. Reiki has been said by many to feel like "taking a warm, relaxing spiritual bath." Participants will learn how Reiki works, why it works, and who can most benefit from the use of Reiki. Participants will receive a mini Reiki treatment, and will also enjoy relaxing group meditation.

Location: Recreation Station
Min/Max: 6/30
Age: 18 years & older

ID #	DATE	DAY	TIME	Program Fee/ Resident Fee
241965-A	11/15 - 11/22	Tu	6:30 - 8:00p	\$30/\$33

Couch to 5K

Prepare to run your first 5K! This program assists participants in preparing them for their first 5K or for someone who just wants to get back into shape. This program will progressively and safely prepare you to run 3.1 miles (5K) in a fun and supportive atmosphere. Runners will gain insight on training methods, pacing, flexibility, speed development, strategy, and motivation. All participants will gain free entry into the Bourbonnais Township Park District's Turkey Trot 5K race held on Saturday, November 14 where you can put all of your hard work and dedication to the test.

Location: Trails of Perry Farm
Min/Max: 5/15
Age: 18 years & older
Exception: Under 18 must be accompanied by parent who is enrolled

ID #	DATE	DAY	TIME	Program Fee/ Resident Fee
241439-A	10/18 - 11/3	Tu & Th	5:30 - 6:30p	\$42/\$35





Dog Obedience School

From puppy STAR to adult AKC Canine Good Citizen, Peggy Moran will help train your pet to be a great part of your family in every way! Puppy socialization, household manners, and obedience skills are just a few items we will focus on in fun weekly classes. All dogs must have current and up to date vet records along with paperwork.

Location: Peggy Moran's School for Dogs LLC.
4418 W 12000 N Rd. Manteno, IL 60950
Min/Max: 5/15
Handler Age: 18 years & older
Dog Age: 10 weeks & older

ID #	DOG AGE	DATE	DAY	TIME	Program Fee/ Resident Fee
241601-A	10 wks & older	10/4 - 11/8	Tu	6:00 - 7:00p	\$130/\$120



Dog Obedience Workshops

Would you like to give your dog training but struggle with a busy schedule? These workshops give you a great opportunity to train your dog in short bursts. With an array of options, you can choose what you would like your dog to learn. All dogs must have current and up to date vet records along with paperwork.

Location: Peggy Moran's School for Dogs LLC.
4418 W 12000 N Rd. Manteno, IL 60950
Min/Max: 5/10
Handler Age: 18 years & older
Dog Age: 10 weeks & older

ID #	Class Title	DATE	DAY	TIME	Program Fee/ Resident Fee
241103-A	Jump for Joy	10/1	Sa	1:00 - 3:00p	\$55/\$45
241103-B	Tricky	10/29	Sa	1:00 - 3:00p	\$55/\$45
241103-C	HELP! Group Clinic	11/12	Sa	1:00 - 3:00p	\$55/\$45

Therapy Dog Skills Class

Learn specific training techniques in preparation for becoming a therapy dog team. Dogs learn to perform supportive functions intended to aid and enrich the social, emotional, physical engagement of hospital patients, retirement home residents, and others in controlled situations, under handler supervision.

**NOTE: Dogs do come on the first day.
Bring current veterinary records.**

Location: Recreation Station
Min/Max: 4/10
Age: 10 weeks & older

ID #	DOG AGE	DATE	DAY	TIME	Program Fee/ Resident Fee
241603-A	10 wks & older	10/4 - 11/8	Tu	7:15 - 8:15p	\$130/\$120



STILL HAVE QUESTIONS?
BTPD Administrative Office
Call 815-933-9905 ext. 1